



*Times and location will be confirmed upon registration; most courses begin at 8:30.*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	January 30	January 31	1	2	3	4
	Fall Protection (1/2 day)  Elevated Work Platform  First Aid (Blended) First Aid Recertification	H <sub>2</sub> S Alive!  First Aid (Blended) First Aid Recertification	Confined Space Entry Level II  Hours of Service Fatigue Mgmt Load Securement  Emergency / Standard First Aid (2 days)	ESC ODA	H <sub>2</sub> S Alive!  Skidsteer (8:00)  First Aid (Blended) First Aid Recertification	Air Brakes (7:45) (Redcliff)
5	6	7	8	9	10	11
	ESC Fall Protection  First Aid (Blended) First Aid Recertification	H <sub>2</sub> S Alive!  First Aid (Blended) First Aid Recertification	ESC Confined Space  Emergency / Standard First Aid (2 days)	Ground Disturbance Level I & II	H <sub>2</sub> S Alive!  First Aid (Blended) First Aid Recertification	Air Brakes (7:45) Babysitting (9-5) Emerg / Standard First Aid Day 1
12	13	14	15	16	17	18
Standard First Aid Day 2	Fall Protection (1/2 day)  Elevated Work Platform  First Aid (Blended) First Aid Recertification	H <sub>2</sub> S Alive!  First Aid (Blended) First Aid Recertification	Confined Space Entry Level II  Hours of Service Fatigue Mgmt Load Securement  Emergency / Standard First Aid (2 days)	ESC ODA  Boiler Prep Course 8:00 Start	H <sub>2</sub> S Alive!  Forklift  First Aid (Blended) First Aid Recertification	
19	20	21	22	23	24	25
	  Office Closed Family Day	H <sub>2</sub> S Alive!  Babysitting (9-5)  First Aid (Blended) First Aid Recertification	ESC Confined Space  Home Alone (9-12)  Emergency / Standard First Aid (2 days)	Ground Disturbance Level I & II	H <sub>2</sub> S Alive!  First Aid (Blended) First Aid Recertification	Air Brakes (7:45) HCP Recert (9:30) HCP Full Course (1:00) First Aid (Blended) First Aid Recertification
26	27	28	March 1	March 2	March 3	March 4
	ESC Fall Protection  First Aid (Blended) First Aid Recertification	H <sub>2</sub> S Alive!  First Aid (Blended) First Aid Recertification	Hours of Service Fatigue Mgmt Load Securement  Emergency / Standard First Aid (2 days)	ESC ODA	H <sub>2</sub> S Alive!  Skidsteer (8:00)  First Aid (Blended) First Aid Recertification	Home Alone 9:00 – 12:00 pm HCP Recert (9:30) HCP Full Course (1:00)

Please note the new OHS AB First Aid Name changes: Emergency First Aid equals CSA Standard Z1210-17 Basic First Aid; Standard First Aid (including blended and recertification options) equals CSA Standard Z1210-17 Intermediate First Aid

**February is Heart Month**, a month to remember the importance of cardiovascular health and what we can do to reduce our risk of cardiovascular disease. Heart disease affects approximately 2.4 million Canadians each year, is a leading cause of death for women, and affects **1 in every 100 births**. Why not take a **First Aid** course this month?

